

4-1957

Beacon Light: April 1957

St. Cloud Hospital

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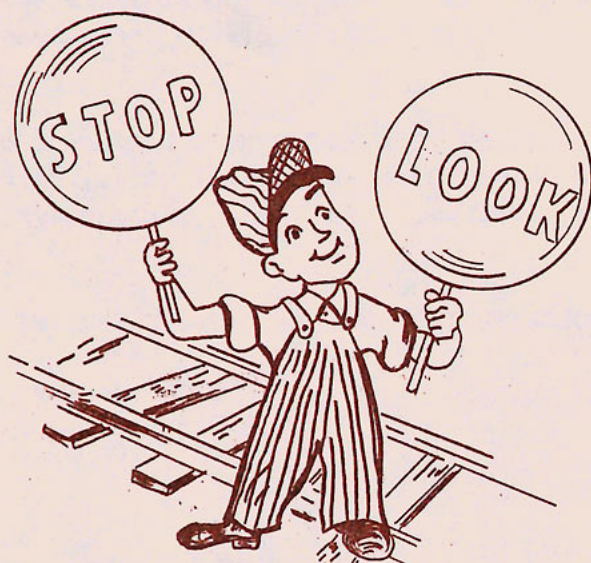
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BEACON LIGHT

Volume VII No.7

SAINT CLOUD HOSPITAL

April, 1957



and

READ _____

HOSPITAL "SAFETY" PROGRAM

The first requisite in a worthwhile Safety Program is GOOD HOUSEKEEPING. Does the St. Cloud Hospital fulfill this first requisite? We hear many favorable comments from patients and visitors on our "clean" hospital. The housekeeping department deserves a great deal of the credit for these comments; however, every employee has the responsibility to help keep our hospital clean, orderly and safe.

KEEP STAIRS AND HALLS FREE FROM HAZARDS! Any object, large or small, left on the stairs may toss somebody for a loss.....and it might be you. There is no sense in making an obstacle course out of floors and halls--- it just makes it harder for you and everyone else. Wipe up water if you accidentally spill some on the floor.

DON'T TAKE CHANCES WITH "ACCIDENTS ABOUT TO HAPPEN".....place things in their proper places.....pile things solidly and thus save plenty of headaches. Work areas should be neat and orderly. Keep tools and junk off machines. Give yourself room to move around safely.

LOUNGES AND WASHROOMS SHOULD ALWAYS BE KEPT CLEAN.....You can't wash clean in a dirty place. There is no excuse for paper towels being any place but in the containers provided for them. Do your part to keep these areas clean and free from hazards.

REMEMBER THAT OILY RAGS CATCH FIRE QUICKLY, BURN FAST.....so, be sure you put them where they can't do any harm! There are containers specifically provided for them. Remember also that oil and grease are slippery, and a hazard.....clean it up quickly.

BE READY FOR A FIRE ALERT ON A SECOND'S NOTICE. Don't block fire doors. Fire equipment should always be easy to get at.....never blocked by portable equipment or storage supplies. Keep all passageways clear of obstacles. **REMEMBER:**

GOOD HOUSEKEEPING IS THE FIRST REQUISITE IN A

GOOD SAFETY PROGRAM!



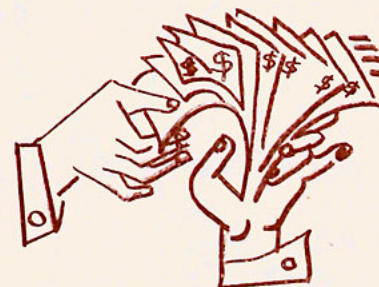
DONT BE
IN THE DARK
ABOUT "SAFETY"

Announcing

SALARY INCREASES . . .
EFFECTIVE April 1st.

Although not all details are settled as this issue of the Beacon Light goes to press, all employees can anticipate an increase in salary, effective April 1st. All of the recommendations given by the Committee have been considered and as many as possible will be put into effect. You will receive further word on this.

Room rates will have to be raised to take care of the increase in payroll as well as the increase in costs which we have experienced during the past year. Our room rates were last raised in October, 1955.



NATIONAL NOISE ABATEMENT WEEK

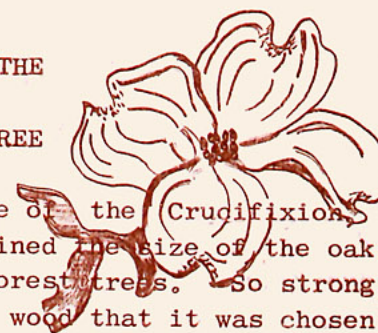
April 7 - 13

It should not be difficult for us to join in with the observance of the above mentioned week. Nationally, efforts are being expended to abate needless noise in the home, street, office and factory.

Surely in the hospital we have a special reason to abate noise----our patients are sick and noise disturbs the sick. Let us all try to make our hospital a "quiet" hospital!

LEGEND OF THE

DOGWOOD TREE



At the time of the Crucifixion the dogwood attained the size of the oak and other large forest trees. So strong and firm was the wood that it was chosen for the Cross.

To be thus used for such a cruel purpose greatly distressed the tree. Jesus, nailed upon the Dogwood Cross, sensed this distress and in His gentle pity for all sorrow He said to it:

"Because of your regret and pity for My suffering, I make you this promise--- never again shall the dogwood tree grow large enough to be used for a cross.

"Henceforth it shall be slender, bent and twisted. Its blossoms shall be in the form of a cross, two long and two short petals. In the center of the outer edge of each petal there shall be nail prints, brown with rust and stained with blood.

"In the center of the flower there shall be a Crown of Thorns and all who see it will remember that it was upon the dogwood tree that I was crucified.

"This tree shall not be mutilated nor destroyed but cherished and protected as a reminder of My agony and death upon the Cross."

We were very pleased with the splendid cooperation displayed by everyone during our first Fire Alert.



We plan to have the next one in April. Let us know if you have any questions or suggestions.

Within these Walls

Helping folks to get well is the job of the hospital 24 hours of every day in the year.

Illness and accident do not always choose daylight hours in which to strike; sudden attacks of disease may come in the wee small hours, and just ask any doctor if he doesn't agree that most babies are born at night! In many instances, life itself may depend upon the speed with which nursing care, equipment, medicine and other things needed by the doctor are made available.

So the hospital cannot shut its doors at 5:00 o'clock in the afternoon and close down from Saturday noon until Monday morning as many offices and factories do. Instead of a 40-hour week, the hospital really operates on a 168-hour week. Every hospital day is three 8-hour working days.

Has it ever occurred to you that hospital linens and beds are used three times as long each day as the linens and bed in the average home? So it is with other hospital equipment. It must be ready for use at all times. X-Ray, Laboratory and Surgery Departments must be prepared for immediate service 24 hours a day. When we think of the hospital day as being three times as long as the average working day, we can begin to appreciate why a large item of hospital expense lies in "being ready" day and night.

The largest item of hospital expense is payroll, for the simple reason that "helping folks to get well" cannot be done on mass-production lines. During the month of February (the March figures were not yet available when we went to press) there was a daily average of 263 bed-patients. In February of 1956, the number was 233.

To care for our patients' needs we have 2 chaplains, 70 Sisters and 400 lay employees.

From early morning till late at night---and throughout the day---someone is always on DUTY, watching Life enter and Life depart within these walls. If walls could talk, how many dramatic incidents could not the four walls of each room tell!



IT'S GOOD TO
WORK IN A
CLEAN PLACE

AND SAFER TOO!

HOUSEKEEPING

MEANS EVERYWHERE....

- * at your work place
- * in aisles, on stairs
- * in stock and tool-rooms
- * in locker rooms, washrooms, dining rooms

HOUSEKEEPING

WORKS EVERY DAY --- ALL DAY
TO MAKE THE HOSPITAL

- * a better place to work
- * a healthier place to work
- * a safer place to work

HOUSEKEEPING

MEANS

EVERYONE!



Flower: SWEET PEA

Happy Birthday

Birthstone: DIAMOND

Persons born in April are patient, plodding and persevering.....have a deep love of things beautiful....a devotion to all young things.....are intelligent leaders.

To the following employees born during the month of APRIL, we extend BIRTHDAY GREETINGS. Let us ask God to bless them!



Mary Storkamp
Mary Eller
Margaret McIntyre
Anita Brown
Mrs. Angeline Bonemeyer
Leona Bloch
Bertha Feldhege
Clements Storkamp
Erma Johnson
Stanley Marek
Mrs. Mildred Chapp
Mrs. Rita Heisick
Shirley Ley
Janet Schabel
Annella Zierden
Levy Lamkin
Rita Bloch
Myrtle Hartfiel
Constance Fenno
Mrs. Sophie Deppa
Mrs. Renee Swette
Magdalen Walz
Mrs. Ruth Mueller
James Yaeger
Mrs. Mildred Goldenstein
Karen Klinkner
Kay Klinkner
Mrs. Dorothy Carroll
Florence Storkamp
Carl Dinndorf
Herman Schneider
Nick Johnsen

Hospital Aide
Nurse Aide
Nurse-Anesthetist
Hospital Aide
Hospital Aide
Nurse Aide
Hospital Aide
Elevator Operator
Head Nurse
Machine Man
Hospital Aide
Nurse
Nurse Aide
Clerk Typist
Nurse
Elevator Operator
Nurse Aide
Hospital Aide
Nurse
Nurse Aide
Nurse
Hospital Aide
Hospital Aide
Porter
Hospital Aide
Hospital Aide
Hospital Aide
Medical Technologist
Clerk
Painter
Chief Engineer
Elevator Operator

3 North
5 North
Anesthesia
2 South
Diet Kitchen
2 South
Central Linen

1 South
Laundry
Diet Kitchen
Delivery Room
5 North
Med. Records Dept.
3 South

3 North
Laundry
4 South
1 South
5 North
Bakery
3 South
Housekeeping Dept.
Cafeteria
Chaplain's Dept.
2 North
Laboratory
Business Office
Maintenance Dept.

MELODY and MEDICINE

POPE PIUS XII recently addressed a group of doctors and their families in this way---

"You are doctors and you know quite well that cures do not result simply from using the ingredients of a bottle or a syringe.

There is something much more important and much, much more decisive deep within a man; and this "something" is reached and strengthened and supported, given new life and cured by many other means, among them MUSIC. More than once some pleasant melody, some full and harmonious passage, or some piece of joy and vitality may have done more for the health of your sick than any medicine from the pharmacy....."

BISHOP SHEEN WRITES ON THE VALUE OF MEDICINE

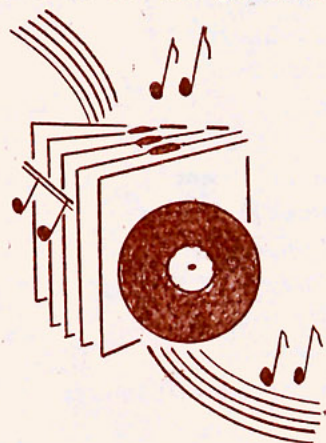
"The more music there is, the less we listen to it. Radio and phonograph have made it possible for most people to have music in their ears all day long. It becomes a background of conversation, dishwashing, card playing, studying, reading and banking. When music is on all day long, there is very little really good music. Every ear is bent unconsciously to music whether that ear be on the earth, under the earth or above the earth.

The music that is listened to may be of four kinds: pedal, erotic, cordial or heady. The pedal music is that which excites principally the feet but embraces any kind of music from snapping of the fingers to a march. Erotic music is very often associated with words and is destined to stir the lower emotions and particu-

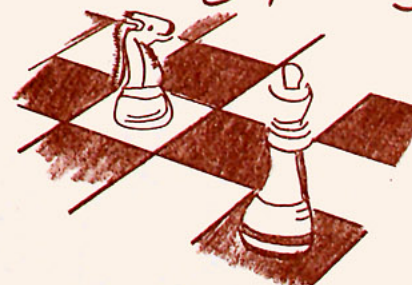
larly that of sex. Cordial music is music that appeals to the heart. Head music is mathematical and requires study.

Every person likes the kind of music which is already in his own heart. The inner tempo seeks an outer tempo. Inner peace craves outer peace. Character and the plane of thought and feeling of a listener determine to a great extent the kind of music he likes. If the character is noble, the plane of emotion evoked by music will be very high. Music will give to everyone whatever he is capable of receiving; just as poetry and history and science will give to every mind what it is capable of absorbing. Shakespeare cannot speak to all minds; neither can Mozart or Bach.....

Mechanical reproduction of music has made it possible to have more good music than ever before in life, and also more bad music. Hence the importance of educating in good taste not only in music but in art, literature and poetry. As the wisest man who ever lived said: No man can live without pleasure; therefore a man deprived of the pleasures of the spirit goes over to the pleasures of the flesh."



A Good Move



Without a doubt, our new dial telephone system is more efficient and has relieved the operators' load to a great extent, but it does not eliminate the load carried by the outside lines.

In order that people may contact the various patient floors and departments promptly by telephone, your cooperation is necessary. The use of the telephone in the above mentioned areas for personal calls must be limited to emergency calls. This applies to inter-department personal calls as well as outside calls. While you are using the telephone, no one else can reach that department or floor by telephone. The telephones in the various lounges are there for your convenience---to place your personal calls.

Just a few suggestions on the use of the telephone:

1. Follow the instructions given in the directory.
2. Be sure that you have the right number.
3. Dial carefully.
4. Speak directly into the mouthpiece.
5. Have a pad and pencil by every telephone.
6. Answer by identifying yourself, or if you answer a department phone, do so by identifying the department and then yourself.
Example: X-Ray, Miss Smith.
7. To transfer incoming calls--slowly move receiver button up and down three times to call the Operator. Ask her to transfer the call. Inside and Outgoing calls cannot be transferred.
8. Put the telephone squarely in the cradle--with no object in the way to tilt one end.

- STAT -

"Stat" is an abbreviation of the Latin word "Statim" meaning "at once" or "immediately". There is the feeling of a great urgency attached to the word. This word has been greatly overworked, so much so, that the meaning of the word is losing its proper force.

It should not be used when other words would fit the situation better. For instance, take the following examples: "Stat in the A.M." for "early", and "Stat after the transfusion" for "as soon as possible".

"Stat" put only on requests for work to be done in cases of TRUE emergencies will greatly expedite matters; otherwise, unnecessary "Stats" will retard the fulfillment of the true ones.

Consideration of the word "Stat" before putting it on a request will help everyone.



PATRON OF HOSPITAL

PHARMACISTS

Saint Gemma Galgani, whose feast day we celebrate on April 16th is the patron of hospital pharmacists. She suffered grievously from sickness and surgical operations. In 1899 God impressed His sacred wounds on her hands and feet and in her side from which blood flowed every Friday. Soon after, she was favored with the mystical scourging, crowning with thorns and the wound of the shoulder.

Saint Gemma Galgani died in 1903 and was canonized in 1940.



PATRON OF NURSES AND NURSING SERVICE

Saint Catherine of Siena was born in 1347. She was the youngest of twenty-five children. She was favored by God with extra-ordinary graces. Saint Catherine personally assisted the poor and served the sick. Her ardent charity made her indefatigable in laboring for the conversion of sinners, thinking nothing too difficult nor above her strength.

ARE YOU A CORRIDOR CUT-UP?

Ssh--noise in corridors can be very disturbing to sick patients and working personnel, too! Our "hi-fi" ceilings tend to magnify any sound.

By being a little more thoughtful we can keep distracting noise at a minimum.

THOUGHTS . .

Regardless of how you scheme or you strive,
You'll never get out of this world alive!

You can read some folks like a book,
But they don't shut up as easily!

KEEP IN STEP WITH
SPARKLING
NEW COLORS



Things are beginning to look up! The new Central Supply is getting ready for occupancy ---we hope very soon.

The walls and pillars are in a light maize tile with the ceiling in an off-white. The light fixtures are well chosen because of the simple lines and so placed as to give very good lighting. Equipment is being installed rapidly and every day brings us closer to a completed job.

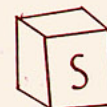
The new Pharmacy has been delayed somewhat because of unexpected problems that arose when walls and ceiling were taken out. But we hope that too will move right along.

Fifth floor hall is in for a "new look". We must always make things look pretty "messy" by taking out the bad plaster and replacing it with some new---that emphasizes the need of a new paint job. But maybe that is a good thing because we always appreciate the things more when we haven't had them for a while, not? What colors will it be???



OF A GOOD HOSPITAL EMPLOYEE

(This is the fourth and last in a series of articles written for our employees.)



The letter S stands for SERVICE, SATISFACTION and a SMILE. A smile is a wonderful thing. Every hospital employee should have a smile in his heart if not on his face. Yes, "service must always be given with a smile." Satisfaction is that intangible something you feel inside of yourself when you give good service to others---it's a good and happy feeling that you never want to lose.



Do you have TENACITY? You will need it to work in a hospital. Twenty-four hour service for the sick is obtained only when employees fully recognize the fact that caring for the sick is a vocation, not just a job. The work will at times be hard, but you can do hard things, can't you?



U stands for UNDERSTANDING. We need to have a full understanding of our own work as well as an understanding of the work of all other employees. Only in this way can we appreciate the contribution made by each individual to the whole organization. No matter what your particular work may be, you are "caring for Christ's sick".



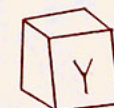
Are you always VIGILANT? We must be watchful and alert to the things around us. Let us remember that we are surrounded by sick people and their families. We must be circumspect and discreet in our speech and our actions.



What better word could W stand for than WILLING WORKER? Without a doubt, you want to be just that, otherwise you would not want to work here where failure to do your work well affects the care of the sick. Yes, one employee can un-do the work of many others. All of you are needed to keep this organization operating efficiently and in a way that fulfills the objectives of this hospital.



X is often taken as the UNKNOWN QUANTITY. We can also interpret it as the unknown factor, those intangible factors that we can feel but can't always express. Hospital employees must radiate personality and charm because through these possessions, they help spread joy and peace.



Y stands for Y O U --- yes, you are very important in this organization. We work as a team, as a "hospital family" --- but what you as an individual do determines the worth of the whole.



We think the letter Z could well stand for ZEAL, a virtue that all of us should have no matter what our particular work. Zeal is a quality that spurs us on even when things get a bit difficult.

Courage

Bite off more than you can chew, Then
chew it,
Plan for more than you can do, Then do
it.
Point your arrow at a star. Take good
aim, and there you are.

Arrange more time than you can spare,
Then spare it.
Take on more than you can bear, Then
bear it.
Plan your castle in the air. Then build
a ship to take you there.

--Reprinted



PATIENTS SAY. . .

Mrs. A. W. from Annandale (4 North) writes..

"I want to thank you for the splendid care I got and for the very good meals you served me. As soon as you send me my bill, I will send you a check for the full amount...."

D. P. from St. Cloud Writes..

"Please accept my thanks for the wonderful care my dear wife had while at the hospital! Needless to say that I'm lost without her but the memories will live forever. God has to take a young flower sometimes, and He chose mine. Thank you."

Because of many requests from patients and doctors, plans have been made for a course of five classes for prospective parents that will be taught by the obstetrical nurses, dietitian and public health nurses.

Lectures will be on anatomy and physiology, signs and symptoms of pregnancy, nutrition, physical hygiene, labor and delivery, what the mother will need at the hospital, care of the baby immediately after birth and at home. The course will conclude with a tour of the maternity department, a review of admission procedures and a question period.

Parents will be admitted to the class only if they present a card signed by their physician. It is therefore within the province of every doctor to tell his patients that he would or would not like them to attend. A registration fee of \$2.00 will be charged.

The first course will start April 24 -- the Wednesday after Easter. It will be repeated as often as the enrollment indicates is necessary.

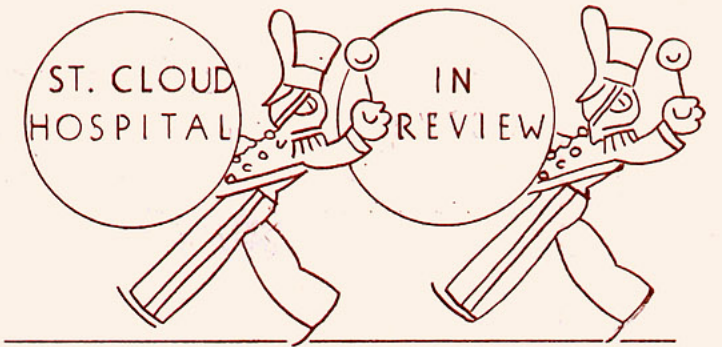
QUOTE from "EMERGENCY REMOVAL OF PATIENTS & FIRST AID FIRE FIGHTING IN HOSPITALS"

HOSPITAL FIRE BRIGADES

"Fire brigades composed of employees are used extensively in plants and factories and are important assets because their members have special training in fire fighting, have a knowledge of the property, and, perhaps most important, are available. In hospitals, the constant movement and change of personnel complicates the problem of availability. Although a hospital engineer may start out with ten or twenty men in the morning by ten o'clock he may find it quite impossible to gather four or five together in less than thirty minutes; and, of course, at least one man must remain on watch in the boiler room. The conditions on evening shifts and night shifts become gradually more acute, and help from the boiler room can only supplement whatever action has already been taken in the threatened area.

The staff of a small hospital is limited even in the daytime and planning must take this into account. In small hospitals, perhaps more than anywhere else, the adequate training of every member of the staff in emergency techniques is a necessity, for any one of them may be required to handle an emergency situation with little or no help.

In larger hospitals, the three staff people closest to the fire, plus the switchboard operator and the elevator operator may be designated as a permanent nucleus of a functional fire brigade during daytime. This complement would form a direct line of communication and transportation preliminary to and, later, cooperating with the work of the fire department."



1936

1956

4,502...No. of patients cared for...25,843

431.....Births.....2,177

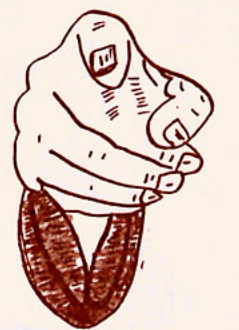
1,675.....Operations.....6,693

2,557.....X-Ray Examinations.....27,074

* * MINOR NOTE * *

There are no such things as "safety hazards." There are hazards ---- accident hazards, injury hazards, fire hazards, but not "safety hazards".

A Message
For You



ALL PERSONNEL are obligated to familiarize themselves with fire exits in the area in which they work. Such exits must be free from obstructions at all times.

Welcome _____

The following persons began employment at our hospital during the month of March. We hope that they will spend many happy days here with us:

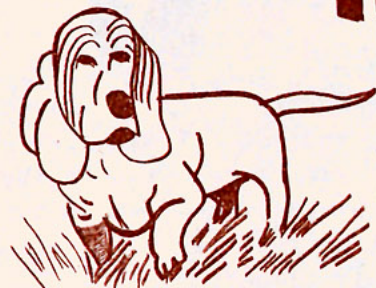
Mary Jackels
Mrs. Rosemary Theisen
Mrs. Lois Rookey
Mrs. Mildred Chapp
Mrs. Myrtle Hartfiel
Carol Winter
Marcella Kowitz
Joan Vogel
Mrs. Luvern Pickartz
Mrs. Elsie Waletzko
Marie Walcheski
Ann Marie Domeier
Mrs. Marguerite Marx
Robert Diederich

** *** **

Be not angry that you cannot make others as you wish them to be, since you cannot make yourself as you wish to be.

--Thomas a Kempis

** *** **



HUNTING

FOR THE MINUTES

YOU WASTED DURING YOUR LIFE?

TEN MINUTES wasted each day last year equals

2 days, 12 hours and 50 minutes!

Pretty sad, not?

CONGRATULATIONS

TO THE
HAPPY
PARENTS!

Dr. and Mrs. Mark Kim and daughters were made happy on the arrival of another little girl, Patricia Marie, on March 8th.

The following alumnae of our schools and former employees also welcomed new babies into their homes:

Mrs. Raymond Knettel (Clarabelle Lucken)
Mrs. Gerald Billig (Mary Latterell)
Mrs. John Apman (Jeanette Rossman)
Mrs. Wilfred Hinnenkamp (Salina Philippi)
Mrs. Thomas Schepers (Jeanette Schneider)
Mrs. Ronald Buettner (Elaine Bell)
Mrs. Donald Hormann (Barbara Andrews)
Mrs. Duane McKibben (Lois Ziebol)
Mrs. Richard Eggerman (Mary Jo Copa)



Don't Quit

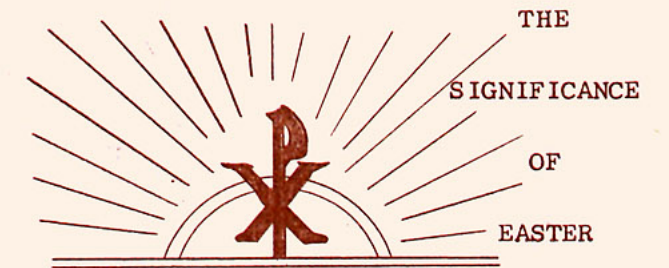
When things go wrong, as they sometimes will,
When the road you're trudging seems all uphill,
When the funds are low and the debts are high,
And you want to smile, but you have to sigh,
When care is pressing you down a bit --
Rest if you must, but don't you quit.

Life is queer with its twists and turns,
As every one of us sometimes learns,
And many a fellow turns about
When he might have won had he stuck it out.
Don't give up though the pace seems slow--
You may succeed with another blow.

Often the goal is nearer than
It seems to a faint and faltering man;
Often the struggler has given up
When he might have captured the victor's cup;
And he learned too late when the night came down,
How close he was to the golden crown.

Success is failure turned inside out--
The silver tint of the clouds of doubt,
And you never can tell how close you are,
It may be near when it seems afar;
So stick to the fight when you're hardest hit, --
It's when things seem worst that you mustn't quit.

...Anonymous



The feast of Easter, greatest of the year's feasts, is a reminder of our Baptism. In the Resurrection, Christ was victorious over death and sin. When we are baptized, we die to sin and rise to a new life in union with Christ. Let us renew our baptismal promises at this holy time, to put away our old habits and vices. Imitating the holy women on their way to the sepulchre, let us bring the sweet spices of good works and the precious perfume of virtue to our Lord.

We can do this by realizing that the pain-racked and broken bodies, the weary and troubled minds of those for whom we care, are members of Calvary's Christ. The holy women wept over Christ as they saw Him carrying His burden; one of them gently wiped His blood-stained face with a cloth. If we see in our patients the image of Christ in all the phases of His sufferings, we will be moved to help them bear their pain and sorrow, to encourage them to suffer patiently, so that through their pain and misery, their resurrection may be glorious, either in a new realization of their purpose in this world, or in a life of eternal happiness in heaven.



INHALATION THERAPY CONFERENCE

sponsored by NORTHWESTERN HOSPITAL
at the RADISSON HOTEL, March 25-28
was attended by the following:

Sister Annelda	Sister Keith
Sister Virgene	Sister Mary Dominic
Sisger Goretti	MISS M. MCINTYRE
Sister Paul Marie	Our "Kentucky" Sisters
Sister Martin	

Dr. Albert Andrews, Jr. and Dr. Edwin Levine, both renowned men from the University of Illinois, spoke on the indications for Inhalation Therapy and the use of the different types of equipment.

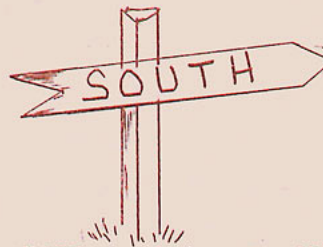
A very interesting session was a Field Trip through the headquarters of the Rescue Squad, Safety Division of the Minneapolis Fire Department.

Sister Roger and Sister Theophane attended a meeting of the Central Service Supervisors' Conference Group at Midway Hospital, St. Paul. Sister Roger is convinced that meetings of this type as well as tours of the Central Service departments of different hospitals have helped much in the planning of our new department. Sister says, "We have been able to omit the mistakes others made and to incorporate the favorable qualities into our plan."

Sister Mary Dominic was elected a Nurse-member on the Steering Committee of the Department of Diploma and Associate Degree Programs of the Minn. League for Nursing. Congratulations, Sister!

CONGRATULATIONS to PATRICIA ANN KIRKEY who graduated from our School of Medical Technology on March 5th. Miss Kirkey is staying on with us.

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*** ***** ***
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MEDICAL STAFF

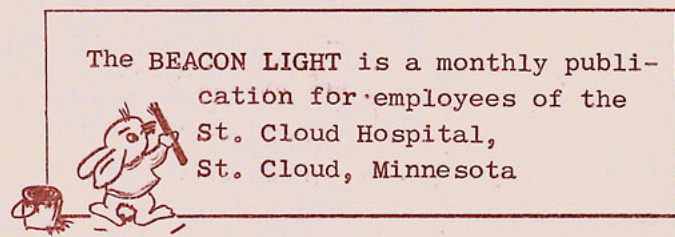
NEWS

"All points South" were again the destinations for members of the medical staff seeking needed rest and relaxation:

The Dr. Carl Thuringers visited Doctor's former classmates in Phoenix, Arizona.... Dr. Herman Koop spent some time comparing the livestock in Texas with that in Minnesota--decision unknown, however.... The Reif children were pleasantly surprised to find themselves starting on a trip to Florida for which Dr. and Mrs. Reif had made all preparations completely in secret!Dr. R. Salk journeyed to Mexico -- to find out what it is like on "the other side of the fence!"

.....After attending Minnesota Med-clinics at Fort Lauderdale, Florida, Dr. and Mrs. Richards took the "long way home"-----northward along the eastern scaboard to Canada, sightseeing in Washington, D. C. and New York City en route.

.....Many doctors and employees had trouble getting to the hospital on Friday, March 15, the day of the big snowstorm. Not so Dr. Broker---- he arrived safely on skis. Dr. Loes (who took him and the skis home in his station wagon) says he did it just to get his name in the Beacon Light. So, here's to both of you!



The BEACON LIGHT is a monthly publication for employees of the St. Cloud Hospital, St. Cloud, Minnesota